

**CHILDREN'S & WOMEN'S PHYSICIAN'S OF WESTCHESTER
503 GRASSLANDS ROAD
VALHALLA, NY 10595**

TACONIC PARKWAY SOUTH

to Sprain Brook Parkway South to Eastview Exit / Route 100 C. Turn left onto NY 100 C / Grasslands Road. Continue to follow Grasslands Road to 503, approximately 1/4 mile on the right.

ROUTE 684 SOUTH

to Saw Mill River Parkway South to Exit 26 - Sprain Brook Parkway South to Eastview Exit / Route 100 C. Turn left onto NY 100 C / Grasslands Road. Continue to follow Grasslands Road to 503, approximately 1/4 mile on the right.

SAW MILL RIVER PARKWAY SOUTH

to Exit 26 - Sprain Brook Parkway South to Eastview Exit / Route 100 C. Turn left onto NY 100 C / Grasslands Road. Continue to follow Grasslands Road to 503, approximately 1/4 mile on the right.

SAW MILL RIVER PARKWAY NORTH

to Exit 21 East. Take the ramp on the right for Route 119 East toward Elmsford. Turn right onto Route 119 / East Main Street / Tarrytown - White Plains Road. Turn left onto Route 9A. Take the ramp on the right and follow signs for Route 100 C. Turn right onto Route 100 C / Grasslands Road.

TAPPAN ZEE BRIDGE TOWARD WESTCHESTER TO I 287 EAST

to Exit 4. Make a left onto Knollwood Rd. Follow Knollwood Rd., then make a left onto Grasslands Road / 100 C. Go down to the light, make a u-turn, go back up on Grasslands Rd. and look for 503.

SPRAIN BROOK PARKWAY NORTH

To the exit toward Rt. 100 C South / Rt. 100 / Eastview. Make a right onto Grasslands Rd.

I 95 (NEW ENGLAND THRUWAY) NORTH

to 287 West. Stay in right lane and take next exit, Exit 3 - Sprain Brook Parkway North. Stay in left lane (Taconic Pkwy North) and take first exit Eastview Ave. Turn Right at exit and make immediate right at 503 Grasslands.

I 95 (NEW ENGLAND THRUWAY) SOUTH

to 287 West. Stay in right lane and take next exit, Exit 3 - Sprain Brook Parkway North. Stay in left lane (Taconic Pkwy North) and take first exit Eastview Ave. Turn Right at exit and make immediate right at 503 Grasslands.

MERRITT PARKWAY SOUTH

Becomes Hutchinson River Parkway South. Take the Westchester Ave. Exit, Exit 26 West toward I-287 West. Stay in right lane and take next exit, Exit 3 - Sprain Brook Parkway North. Stay in left lane (Taconic Pkwy North) and take first exit Eastview Ave. Turn Right at exit and make immediate right at 503 Grasslands.