

# CHILDREN'S & WOMEN'S PHYSICIAN'S OF WESTCHESTER

## VASSAR BROTHERS MEDICAL CENTER 45 READE PLACE POUGHKEEPSIE, NY 12601

### **From Points North:**

Take New York State Thruway south to Poughkeepsie/New Paltz exit. Make right after toll booth on to Route 299 east. Follow 299 east to the end (2nd traffic light), and turn right on to Route 9W south. Travel about 2-3 miles on 9W south and follow signs for FDR/Mid-Hudson Bridge. After crossing bridge go straight to first traffic light (Jefferson Pl/Lincoln Ave.) and take a right. Go 1 traffic light and at stop sign take a right on to Columbia Street. Follow signs for parking garage which will be on your left.

### **From Points East:**

From Taconic Parkway, take the exit for Poughkeepsie/Route 55 west. Go through suburbs of Poughkeepsie. Go past Mid-Hudson Civic Center and follow signs for FDR/Mid-Hudson Bridge. At last traffic light before bridge, take a left (Jefferson Pl/Lincoln Ave.). Go 1 traffic light and at stop sign take a right on to Columbia Street. Follow signs for parking garage which will be on your left.

### **From Points West:**

Take Interstate 84 to the Poughkeepsie exit (you will cross the Newburgh/Beacon Bridge). Take Route 9 North approximately 18 miles. You will go past South Hills Mall, Galleria Mall, Poughkeepsie Plaza Mall and the Holiday Inn Express. Take Columbia Street exit and follow hospital/parking garage signs. The garage will be on your right.

### **From Points South:**

Take New York State Thruway north to Poughkeepsie/New Paltz exit. Make right after toll booth on to Route 299 east. Follow 299 east to the end (2nd traffic light), and turn right on to Route 9W south. Travel about 2-3 miles on 9W south and follow signs for FDR/Mid-Hudson Bridge. After crossing bridge go straight to first traffic light (Jefferson Pl/Lincoln Ave) and take a right. Go 1 traffic light and at stop sign take a right on to Columbia Street. Follow signs for parking garage which will be on your left.

### **From Stewart Airport:**

Make a left out of Stewart. Go about 2 miles to 1st traffic light (just past bridge underpass). Make left at light and go 2 stop lights. About half mile past 2nd light, get on Interstate 84 East. Get off at 2nd exit and take Route 9W North. Follow signs for Highland/Poughkeepsie. Take FDR/Mid-Hudson Bridge and go straight to first traffic light (Jefferson Pl/Lincoln Ave) and take a right. Go 1 traffic light and at stop sign make a right on to Columbia Street. Follow signs for parking garage which will be on your left.